ANAPHYLAXIS - MEDICAL CENTRE
Policy & Procedures

Next review date: January 2018
Last reviewed: January 2016
By: Medical Centre, Dean of Curriculum

Definition: (ASCIA 2004 - Patient Information Booklet)
Anaphylaxis is a most severe form of allergic reaction and is potentially life-threatening. **Anaphylaxis should be treated as a medical emergency, requiring immediate treatment.**

It is recognised that:

- St Mary’s Anglican Girls’ School is an “allergy aware” school and acknowledges a duty of care to provide a safe and supportive environment for students with Anaphylaxis.

- Health records need to reflect the current health care needs of the student.

- Students **at risk** are identified upon enrolment or via subsequent notification by parents and details are placed on the school’s SEVERE MEDICAL CONDITIONS/ALLERGIC REACTIONS REGISTER, with photographic identification displayed in Junior and Senior Staff Rooms, canteens and in the Boarders’ Dining Room (pertaining to boarders).

- Parents are required to provide a current **ASCIA Anaphylaxis Action Plan** completed by a General Practitioner or Immunologist.

- Parents are required to supply to the Medical Centre, emergency medication necessary for the implementation of their child’s action plan. Parents are also responsible for ensuring that their child carries emergency medication on them at all times (especially for “out of hours” events such as early morning training or music/drama performances etc.

- Generic Epipens are located in the Health Centre, Senior School Staff Room, Home Economics Department and Junior School Reception.

- Medical Centre Staff will ensure that Parents/Guardians are given a copy of the school’s Anaphylaxis Support Document, detailing Parent and Student responsibilities (see Appendix A).

- Teachers/Coaches are to be aware of students in their care with known Anaphylaxis- refer synergetic, public medical alert/comments tab OR Severe Medical Conditions/Allergic Reactions Register (Red file)-Senior School staff room/Junior School Reception/Departmental Offices.

- Professional development is to be provided to staff to facilitate training and education in the symptoms of Anaphylaxis, the safe and proper administration of adrenalin auto-injectors and the specific management strategies employed by the school to minimise risk to students with Anaphylaxis. All staff are to complete the ASCIA e-learning course every 3 years. New staff to complete on commencement of employment or present current anaphylaxis certificate. Link: https://etraining.allergy.org.au/see Anaphylaxis Minimisation Strategies Appendix B.)
• While not able to provide any guarantees of providing a trigger-free environment, St Mary’s school canteens and catering personnel (including outdoor education) will endeavour to reduce the risk of contamination by not serving any peanut-based products. Some items, however, may contain traces of nuts.

• A red card system has been introduced into Junior School to identify an anaphylactic emergency. Students in Junior School are made aware by the class teacher of the procedure for calling for help using the red card system.

• Information on Anaphylaxis is made available to staff and students on the St Mary’s School Portal.
IN THE EVENT OF AN ANAPHYLACTIC REACTION

ON SCHOOL PREMISES: CONTACT MEDICAL CENTRE STAFF ON (9341 9202 OR EXT 9202)
OFF SCHOOL PREMISES: CONTACT FIRST AIDER AT VENUE IF APPLICABLE
COMMENCE EMERGENCY MANAGEMENT OF ANAPHYLAXIS AS PER ACTION PLAN

ANAPHYLAXIS MINIMISATION STRATEGIES

The following strategies have been developed and recommended by the Australasian Society of Clinical Immunology and Allergy (ASCIA), Anaphylaxis Australia and the Anaphylaxis Management Implementation Group (AMIG) Anaphylaxis Resource Kit for the management of severe allergies in WA Schools.

St Mary’s School Staff are to observe the following recommendations:

JUNIOR SCHOOL STAFF:

Sharing Lunches:
- Teaching staff to engage in regular discussions with students about the importance of eating own food and NOT SHARING.
- Supervise students eating lunch in a specified area
  (Students with anaphylaxis, should not be physically isolated from other children)
- Discourage parents from sending high-risk foods to school in the lunch box - regular reminders to be placed in the school newsletter.

Class Parties:
- Encourage parents of students with food allergies causing anaphylaxis to provide suitable foods for class parties.
- Inform parents of high-risk foods, so that these foods are avoided.

CANTEEN AND CATERING STAFF:

- Peanut-based products are not to be served, thus eliminating the risk of cross contamination.
- Food preparation personnel (paid and voluntary) are to be educated in the measures necessary to prevent cross contamination during the handling, preparation and serving of food.
- A list of students at risk of anaphylaxis (with photo identification) is to be displayed in the Junior and Senior School canteens.

ALL STAFF - IN THE CLASSROOM:

- Teachers are requested to avoid bringing high-risk foods to school.
- Be aware that craft items can be a potential risk (e.g. egg cartons, milk containers, peanut butter jars).
- Recipes used in cooking classes are not to contain high-risk foods.
- Consider implementation of non-food rewards system.
ON CAMP:

- High-risk foods should not be taken or supplied on camp

GENERAL ISSUES:

- Ideally, lunch for the allergic child should be prepared at home.
- Bottles, other drinks and lunch boxes should be clearly labeled.
- Staff and students are encouraged to wash their hands before and after eating.
- Students with severe allergies are encouraged to wear a medic alert bracelet.
PARENT INFORMATION
ANAPHYLAXIS

St Mary’s Anglican Girls’ School follows the current Student Health Care Guidelines established by the Department of Education and Training in association with recommendations suggested in the Australasian Society of Clinical Immunology and Allergy (ASCIA) Anaphylaxis Training Resources for Educators and Allied Health Professionals, the AMIG Anaphylaxis Resource Kit and the Poisons Act of 1965. St Mary’s Anglican Girls’ School is an “allergy aware” school.

St Mary’s school staff follow the Emergency Management for Anaphylaxis as outlined in the ASCIA Anaphylaxis Action Plan.

RESPONSIBILITIES:

Parent/Guardian must
- Provide accurate, up to date health information about their child.
- Provide a completed ASCIA Anaphylaxis Action Plan, signed by their General Practitioner or Immunologist.
- Provide all emergency medication and adrenaline auto-injector (Epinen or Anapen) to Medical Centre staff.
- Ensure that their child carries emergency medication on them at all times especially for “out of hours” events such as early morning training or music/drama performances etc.
- **Boarding students** - two adrenalin auto-injectors are to be provided (one to be kept in the Boarding House and to be taken to all boarding recreational and sporting activities and when on leave).
- Ensure that emergency medication is replaced prior to the expiry date.
- Provide written notification from General Practitioner or Immunologist should an adrenalin auto-injector no longer be required for their daughter.
- Where appropriate, Parents/Guardians undertake to obtain training for their child in the safe and proper administration of an Epipen/Anapen.

It is recommended by Medical Centre Staff that a **Medic Alert bracelet** be worn as discreet identification of the medical condition.

Student
- Students are to ensure that they carry their emergency medication with them at all times especially for “out of hours” events such as early morning training.
- Alert the teacher/coach in charge of their allergy for out-of-school activities/excursion.

Staff
- Collect student’s individual Anaphylaxis Kit (compiled by Health Centre Staff) containing emergency medication, auto-injector and ASCIA Anaphylaxis Action Plan from the Health Centre, Junior School Reception, Kindy, Pre-Primary prior to leaving on ALL off-campus activities.
- **Individual Anaphylaxis Kit to be given to Teacher/Coach supervising the activity.**
- Kits are to be returned to Health Centre, Junior School Reception, Kindergarten or Pre-primary when the off campus activity is completed.
- Boarders, when going on leave, are required to collect and return their individual Anaphylaxis Kits to the Boarding House Supervisor on Duty.

**Outdoor Education and School Camps**

Outdoor Education Staff are to undertake annual training in the safe and proper administration of Adrenaline and Epipen/Anapen.

Students with known Anaphylaxis will be **risk excluded** from all Outdoor Education programs until a completed **ASCIA Anaphylaxis Action Plan** and all medications required are provided to the Medical Centre.

For further information, please visit the websites [www.allergy.org](http://www.allergy.org), [www.activaide.com](http://www.activaide.com) – for auto injector insulated pouches.

Contact Medical Centre staff on 9341 9202
Email: medical@stmarys.wa.edu.au
FLOW CHART OF PROCEDURE FOR IDENTIFYING AND COMMUNICATING STUDENTS AT RISK OF ANAPHYLAXIS

Medical information received

Student identified as at risk of ANAPHYLAXIS

Medical Centre Staff:
- Interview arranged with Parents
- Data entered into synergetic
- Severe Medical Conditions/Allergic Reactions Register updated and report generated
- Photo ID displayed
- Emergency Epipen cassette created

Parent Interview:
- Anaphylaxis procedure explained
- Risk management strategies discussed
- ASCIA Action Plan to be completed by Dr
- Epipen and other medication discussed
- Training and education offered
- Support document given
- Parental and student responsibilities explained

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Parents supply:
- Completed Action Plan
- Epipen and any other emergency medication

Medical Alert activated

All Executive Staff, HOD, HO of YR, Teachers, Staff informed

Senior School Staff Room, Junior School Staff Room, Canteens, Boarding House

Centrally stored:
- Medical Centre, Junior School- students’ classrooms,
- Generic Epipen’s: Senior School Staff Room, Home Economics, Junior School Reception and Medical Centre

TEACHER IN CHARGE

Off campus activity

MUST collect and sign for Epipen cassette and give to supervising
References:

Australasian Society of Clinical Immunology and Allergy (ASCIA) - 2004: Guidelines for the prevention of food anaphylactic reactions in schools, preschools and child care centers.


2. Health Insite Website: www.healthinsite.gov.au

3. NSW Department of Education and Training and NSW Department of Health- Anaphylaxis Guidelines for Schools.

4. ASCIA Anaphylaxis Training Resources for Educators and Allied Health Professionals.

5. AMIG - 2010: Anaphylaxis Resource Kit for the Management of Severe Allergies in WA Schools.

Additional Information:

- Australasian Society of Clinical Immunology and Allergy (ASCIA) Website- www.allergy.org.au

- Anaphylaxis Australia: Phone- 1300 728 000- www.allergyfacts.org.au